

El Cajon Food Resources

This list is organized by type of resource (Food Pantry, Sack Lunches, and/or Meals). It does not include resources exclusively for specific populations such as veterans, seniors, or school communities. This list, originally compiled in Winter 2017, is updated monthly and is subject to change. If you have information regarding new sites, or if you are affiliated with any of these organizations and have updated information, please contact us at carol.lewis@elcajoncollaborative.org.

Pantries/ Distribution Sites

Site Name	Contact Information	Service Hours
Good Shepherd	(619) 442-9491 772 S. Johnson Ave. El Cajon, CA 92020	Saturday 9:00 am-11:00 am
Chaldean & Middle Eastern Social Services	(619) 631-7400 436 South Magnolia #201 El Cajon, CA 92020	Tuesday 9:00 am-11:00 am
East County Transitional Living Center	(619) 442-0457 1527 E Main St. El Cajon, CA 92021	Friday 7:00 am, by appointment
Gateway Church	(619) 440-1136 1280 N Johnson Ave #102 El Cajon, CA 92020	Monday-Thursday 9:00 am-12:00 pm
Holy Trinity	(619) 444-9425 405 Ballard St. El Cajon, CA 92019	Monday-Friday 10:00 am-11:00 am
Meridian Baptist Church	(619) 444-3171 660 3rd St. El Cajon, CA 92019	Second and fourth Thursday 3:00 pm; Tuesdays 2:00 pm (for families with children under 12 years old only)
Hope City Church-Feeding the Flock Ministry	(619) 631-8704 470 N. Mollison El Cajon, CA 92021	Friday at 2:00 pm until gone Register at 12:00 pm
Our Lady of Grace	(619) 469-0133 2766 Navajo Rd. El Cajon, CA 92020	Monday-Friday 9:00 am-11:00 am
Salvation Army	(619) 440-4683 1011 E Main St. El Cajon, CA 92021	Monday 1:30 pm to 4:00 pm; Tuesday 1:30 pm-4:00 pm; Wednesday 9:30 am-10:30 am; Thursday 1:30 pm-4:00 pm; Friday 1:30 pm-3:00 pm
Seventh Day Adventist Church of El Cajon	(619) 444-0763 1630 E Madison Ave. El Cajon, CA 92019	Tuesday 4:00 pm-5:30 pm

St. Kieran's Church	(619)588-6881 1510 Greenfield Dr. El Cajon, CA 92021	Saturdays 10:00 am-11:30 am
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Sack Lunch

Site Name	Contact Information	Service Hours
Salvation Army	(619) 440-4683 1011 E Main St. El Cajon, CA 92021	Monday 1:30 pm to 4:00 pm; Tuesday 1:30 pm-4:00 pm; Wednesday 9:30 am-10:30 am; Thursday 1:30 pm-4:00 pm; Friday 1:30 pm-3:00 pm
Hope City Church-Feeding the Flock Ministry	(619) 631-8704 470 N. Mollison El Cajon, CA 92021	Monday-Friday 11:30 am-12:00 pm

Meal

Site Name	Contact Information	Service Hours
Crisis House *Single service for clients of case management	(619) 444-1194 1034 Magnolia Ave. El Cajon, CA 92020	Every seven days during business hours Monday-Friday
Meridian Baptist Church	(619) 444-3171 660 3rd St. El Cajon, CA 92019	Wednesday 5:30-6:30 pm 4 th Wednesday- Mobile Showers
Hope City Church-Feeding the Flock Ministry	(619) 631-8704 470 N. Mollison El Cajon, CA 92021	Dinner- Thursday 6:30 pm Arrive early
New Seasons Church	(619) 440-7597 990 Naranca Ave. El Cajon, CA 92021	Tuesday 5:45 pm-6:30 pm