El Cajon Food Resources

This list is organized by type of resource (Food Pantry, Sack Lunches, and/or Meals). It does not include resources exclusively for specific populations such as veterans, seniors, or school communities. This list, originally compiled in Winter 2017, is updated monthly and is subject to change. If you have information regarding new sites, or if you are affiliated with any of these organizations and have updated information, please contact us at carol.lewis@elcajoncollaborative.org.

Pantries/ Distribution Sites

<table>
<thead>
<tr>
<th>Site Name</th>
<th>Contact Information</th>
<th>Service Hours</th>
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</table>
| Good Shepherd                           | (619) 442-9491  
772 S. Johnson Ave.  
El Cajon, CA 92020                      | Saturday 9:00 am-11:00 am                           |
| Chaldean & Middle Eastern Social Services | (619) 631-7400  
436 South Magnolia #201  
El Cajon, CA 92020                       | Tuesday 9:00 am-11:00 am                           |
| East County Transitional Living Center  | (619) 442-0457  
1527 E Main St.  
El Cajon, CA 92021                      | Friday 7:00 am, by appointment                    |
| Gateway Church                          | (619) 440-1136  
1280 N Johnson Ave #102  
El Cajon, CA 92020                      | Monday-Thursday 9:00 am-12:00 pm                  |
| Holy Trinity                            | (619) 444-9425  
405 Ballard St.  
El Cajon, CA 92019                      | Monday-Friday 10:00 am-11:00 am                   |
| Meridian Baptist Church                 | (619) 444-3171  
660 3rd St.  
El Cajon, CA 92019                      | Second and fourth Thursday 3:00 pm;  
Tuesdays 2:00 pm (for families with children under 12 years old only) |
| Hope City Church- Feeding the Flock Ministry | (619) 631-8704  
470 N. Mollison  
El Cajon, CA 92021                      | Friday at 2:00 pm until gone  
Register at 12:00 pm                     |
| Our Lady of Grace                       | (619) 469-0133  
2766 Navajo Rd.  
El Cajon, CA 92020                      | Monday-Friday 9:00 am-11:00 am                   |
| Salvation Army                          | (619) 440-4683  
1011 E Main St.  
El Cajon, CA 92021                      | Monday 1:30 pm to 4:00 pm; Tuesday 1:30 pm-4:00 pm;  
Wednesday 9:30 am-10:30 am; Thursday 1:30 pm-4:00 pm; Friday 1:30 pm-3:00 pm |
| Seventh Day Adventist Church of El Cajon | (619) 444-0763  
1630 E Madison Ave.  
El Cajon, CA 92019                      | Tuesday 4:00 pm-5:30 pm                      |
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<tbody>
<tr>
<td>St. Kieran’s Church</td>
<td>(619)588-6881 1510 Greenfield Dr. El Cajon, CA 92021</td>
<td>Saturdays 10:00 am-11:30 am</td>
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**Sack Lunch**

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<tr>
<td>Salvation Army</td>
<td>(619) 440-4683 1011 E Main St. El Cajon, CA 92021</td>
<td>Monday 1:30 pm to 4:00 pm; Tuesday 1:30 pm-4:00 pm; Wednesday 9:30 am-10:30 am; Thursday 1:30 pm-4:00 pm; Friday 1:30 pm-3:00 pm</td>
</tr>
<tr>
<td>Hope City Church-Feeding the Flock Ministry</td>
<td>(619) 631-8704 470 N. Mollison El Cajon, CA 92021</td>
<td>Monday-Friday 11:30 am-12:00 pm</td>
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**Meal**

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<tr>
<td>Crisis House *Single service for clients of case management</td>
<td>(619) 444-1194 1034 Magnolia Ave. El Cajon, CA 92020</td>
<td>Every seven days during business hours Monday-Friday</td>
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<tr>
<td>Meridian Baptist Church</td>
<td>(619) 444-3171 660 3rd St. El Cajon, CA 92019</td>
<td>Wednesday 5:30-6:30 pm 4th Wednesday- Mobile Showers</td>
</tr>
<tr>
<td>Hope City Church-Feeding the Flock Ministry</td>
<td>(619) 631-8704 470 N. Mollison El Cajon, CA 92021</td>
<td>Dinner- Thursday 6:30 pm Arrive early</td>
</tr>
<tr>
<td>New Seasons Church</td>
<td>(619) 440-7597 990 Naranca Ave. El Cajon, CA 92021</td>
<td>Tuesday 5:45 pm-6:30 pm</td>
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